

Week NO.	Training Date	Training Time
1	Sunday, 22 nd Nov 2026	5 pm – 9 pm
	Monday, 23 rd Nov 2026	5 pm – 9 pm
	Tuesday, 24 th Nov 2026	5 pm – 9 pm
	Wednesday, 25 th Nov 2026	5 pm – 9 pm
	Thursday, 26 th Nov 2026	5 pm – 9 pm
2	Sunday, 29 th Nov 2026	5 pm – 9 pm
	Monday, 30 th Nov 2026	5 pm – 9 pm
	Tuesday, 1 st Dec 2026	5 pm – 9 pm
	Wednesday, 2 nd Dec 2026	5 pm – 9 pm
	Thursday, 3 rd Dec 2026	5 pm – 9 pm
3	Sunday, 4 th April 2027	5 pm – 9 pm
	Monday, 5 th April 2027	5 pm – 9 pm
	Tuesday, 6 th April 2027	5 pm – 9 pm
	Wednesday, 7 th April 2027	5 pm – 9 pm
	Thursday, 8 th April 2027	5 pm – 9 pm
4	Sunday, 11 th April 2027	5 pm – 9 pm
	Monday, 12 th April 2027	5 pm – 9 pm
	Tuesday, 13 th April 2027	5 pm – 9 pm
	Wednesday, 14 th April 2027	5 pm – 9 pm
	Thursday, 15 th April 2027	5 pm – 9 pm
5	Sunday, 2 nd May 2027	5 pm – 9 pm
	Monday, 3 rd May 2027	5 pm – 9 pm
	Tuesday, 4 th May 2027	5 pm – 9 pm
	Wednesday, 5 th May 2027	5 pm – 9 pm
	Thursday, 6 th May 2027	5 pm – 9 pm
6	Sunday, 13 th June 2027	9 am – 1 pm
	Monday, 14 th June 2027	9 am – 1 pm
	Tuesday, 15 th June 2027	9 am – 1 pm
	Wednesday, 16 th June 2027	9 am – 1 pm
	Thursday, 17 th June 2027	9 am – 1 pm
off	Friday, 18 th June 2027	
	Saturday, 19 th June 2027	
7	Sunday, 20 th June 2027	9 am – 1 pm
	Monday, 21 st June 2027	9 am – 1 pm
	Tuesday, 22 nd June 2027	9 am – 1 pm
	Wednesday, 23 rd June 2027	9 am – 1 pm
	Thursday, 24 th June 2027	9 am – 1 pm
off	Friday, 25 th June 2027	
	Saturday, 26 th June 2027	
8	Sunday, 27 th June 2027	9 am – 1 pm
	Monday, 28 th June 2027	9 am – 1 pm
	Tuesday, 29 th June 2027	9 am – 1 pm
	Wednesday, 30 th June 2027	9 am – 1 pm
	Thursday, 1 st July 2027	9 am – 1 pm
Competition	16 – 26 July 2027	